

What I enjoy doing with you:

One of my favorite memories with you:

I'm grateful that you:

I see you showing kindness to those around you by:

Someday soon, let's do this together:



Print on colored paper or white paper. Cut along dotted line above. Recycle this smaller strip. After writing out answers to your prompts (or having an adult help you), follow instructions below for folding a simple orgiami heart. Decorate the outside of the heart with markers.

How to Fold an Origami Heart



Fold square piece of paper in half and then open it up.



Fold paper in half the other way and open it back up so you have two creases in the paper.



Take the bottom edge and fold it up to the center horizontal crease. Turn your model over.



Fold the left and right edges in to align with the vertical crease. Flip your model over.



Fold the two top edges in to align with the vertical crease.



Fold the two top corners in to align with the vertical crease. Your model should now come to a single tip in the center at the top and bottom.



Take the top tip and fold it down to the bottom tip.





Pull apart the 3-D flaps. Flatten the two 3-D flaps so the crease on each point aligns with the edge.



Open your model up. You'll notice a triangle pocket. Tuck the opposite tip into the pocket.



Fold in the left and right top points to the vertical creases.



Fold the left and right tips down.



Flip the model over and you have an origami heart!

