

HAPPY MOTHER'S DAY, MOTHER EARTH!

Fill each of the rectangles, cut them out, put them a jar and draw out one a day as a challenge.

For a week, write down everything you use that's made of plastic. At the end of the week, next to each item write what you could have done to avoid using it.

Unplug as much as you can when it is not in use.

Make a t-shirt bag out of an old adult t-shirt. Use it to get your groceries this week. See instructions included in this activity guide.

Start your pollinator garden or add to it.

Pick up trash in your neighborhood and at your local park together.

Make seed balls to gift to neighbors and friends.

Take note of what you throw away this week. Could it be composted, recycled or taken to your local special recycling facility?

Buy something you need secondhand. Better yet, see if your local area has a Buy Nothing group on Facebook and ask for the item there.

Research a local environmental issue. Write/draw a picture to your mayor, city council, or state representative sharing your perspective.

Start an upcycle bin in your home for items that can't be recycled or gifted.