

BIG-HEARTED CLASSROOM

YEAR 1: OVERVIEW

12 empathy-building, service-minded lessons featuring group discussions and activities, books and videos recommendations, and kindness homework.



Who Can Make a Difference?



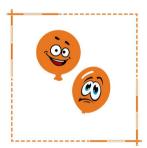
Why Does Kindness Matter?



What is a Philanthropist?



How Can We Help the Hungry?



How Can We Soothe Anxiety?



How Can We Celebrate Diverse Stories?



How Can We Comfort the Lonely?



Can We Disagree and Still Get Along?



How Can We Comfort Those Who are III?



How Can We Make Our Community Strong?



How Can We Protect the Earth?



How Can We Build a Welcoming Community?

