

HOME PLASTIC HUNT

A QUICK AND DIRTY INVENTORY

Can you name the single use plastics you rely on? Consider personal items like toothbrushes, the bottles and containers our favorite products are stored in, even the packaging each item comes in. These everyday plastics add up quickly. It's easy to overlook them because they are such a boring part of our daily routine. Here is your opportunity to shine a spotlight on your family's plastic usage. Work together to create a list of the five plastics you use most often throughout your home. Use the two blank categories to make up your own. **Challenge:** can you find replacement products for each of the items you put on this list?

KITCHEN

BATHROOM

BEDROOM

LAUNDRY

KICK YOUR PLASTICS HABIT!

A FAST AND EASY REDUCTION CHALLENGE

Color in the number bubbles as you complete each task. You can complete them in any order!
Challenge: Can your family complete each item on the list?

1 REVIEW YOUR LOCAL RECYCLING RULES

2 CIRCLE UNRECYCLABLE ITEMS ON YOUR PLASTIC HUNT LIST

3 PACK A PLASTIC-FREE LUNCH OR PICNIC

4 CREATE REUSABLE SILVERWARE KITS FOR YOUR BACKPACK

5 BUY YOUR FAVORITE SNACK IN BULK

6 TRY REUSABLE PRODUCE BAGS

7 MIX UP YOUR OWN CLEANER AND RESUSE A BOTTLE

8 PICK UP LITTER IN A LOCAL PARK

9 TRY COMPOSTABLE TRASH BAGS

10 SHOP FOR PLASTIC-FREE CHOCOLATE

11 SWITCH TO BAR HAND SOAP

12 TRY A BAMBOO TOOTHBRUSH

13 SHOP FOR PLASTIC-FREE TOOTHPASTE AND FLOSS

14 MAKE A PLASTIC-FREE WISH LIST FOR THE HOLIDAYS

15 SHARE THIS CHALLENGE WITH A FRIEND